

*September Newsletter Vol 9 Issue No. 9 2024*

Dear Partners, Supporters and Friends,

I had a freak accident on the 1st of September when a man ran into me, and I landed forcefully on the ground and broke my femur, which required an operation to place two pins into my right leg. This has been a challenging time for me, being housebound for all of September, but I am grateful for your understanding and support. Fortunately, I feel much stronger and look forward to a full recovery.

We are concerned about classroom space at Sancta Maria Mukuru Primary School for next year and are looking for a solution to house the new Grade 9 students.

Congratulations to St. Bakhita Primary School for being runners-up in Kenya in the 4K Club. Well done, Mr. Samuel Nyaga, Principal.

We are excited about Mr Brian Kidula's offer to train the children in the Mukuru schools in chess and ensure their participation in chess competitions. However, we are currently facing a challenge-the need for more chess sets. We would greatly appreciate any donations of chess boards to support our students' learning and participation in these competitions.

Our board chairman, Dr Charles Muchiri, introduced us to Mr Desai, who has generously donated the tiles to renovate St Bakhita Primary School. We are deeply grateful for the support of our community members like Mr Desai, whose contributions make a significant difference in our school's development.

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Despite the challenges, our students at St. Michaels' Secondary School have shown remarkable resilience. The flooding, evictions, and demolition of their houses earlier in the year affected 25% of them, leading to a temporary setback in their exam results. However, our Form 4 students have been introduced to the courses available at the MPC Vocational Skills Centre, a step towards a brighter future after their academic studies.

Our heartfelt thanks go to Mr Bob Patterson, Patron of St. Michael's Secondary School, for his unwavering support. His efforts in communicating with our local and international donors have made a significant difference in the lives of our students, empowering them through education.

British Airways staff, KWAL, and Tamarind continue to support our Vocational Training Centre by providing financial aid, orientation programs, workplace experiences, and donating equipment.

Many activities took place in the Rehab Centre, including environmental education and animal care. It is wonderful that the boys interested in music continue to flourish and learn music. We are grateful to Paula Cullen, her group, and The Irish Philharmonic Orchestra for donating instruments. Seeing the boys engaging in activities that enhance their education is really uplifting.

In September, a number of fires destroyed approximately 200 houses in the Mukuru slums, with a few deaths reported. MPC Social Workers helped those affected. EyeSight training was carried out in all MPC schools, and the staff were trained to perform these tests. Thanks to Traction Limited and the Optometrists Association of Kenya for their support.

We are truly grateful to all our donors for all your support.

I thank God for your help, which enables us to give the services.

God Bless

Sr Mary Killeen  
*Director*



# E<sub>ducation</sub>

## P<sub>primary Schools</sub>

*St Bakhita, St Catherine's, St Elizabeth and Sancta Maria Kayaaba*

Junior secondary students can now breathe a sigh of relief as the government has announced the recruitment of more Junior Secondary School (JSS) teachers. This news brings a sense of reassurance and lessens the anxiety about the availability of teachers. The government has also promised to employ those already teaching in classes as teacher interns with two years of experience. Additionally, teachers holding Master's degrees who are still teaching in primary schools will be promoted to the Junior School level.

Recently, two teachers from Sancta Maria Kayaaba received promotion letters to senior teacher positions from the Teaching Service Commission (TSC) and were transferred to other schools. St. Elizabeth has also welcomed an additional deputy head teacher.

The Sub-county Director of Education visited all MPC Schools to ascertain the preparedness of primary schools to hold the Grade 9 students in 2025. The Government have promised to give additional classrooms to schools that do not have enough Grade 9 classrooms. To build the classrooms, these schools will receive Ksh 4 million each (€29,000). The MPC Primary Schools requiring extra classrooms are Sancta Maria Kayaaba, two classrooms; St. Catherine Primary Schools, two classrooms; and St. Bakhita, which requires one more classroom; all must be ready by January 2025. We hope the process will be smooth as Sancta Maria will be an issue with its limited space at the school. The current enrolment at MPC Primary Schools is 6,310 pupils, with St Elizabeth being the largest with 2,249 pupils.

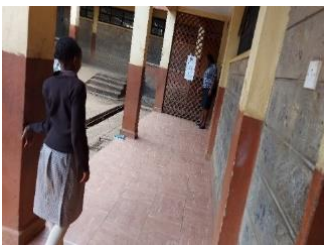


*Sub-county Education Director, Mr Koigi assesses the JSS preparedness with Assistant County Commissioner Mr. Ndambuki.*

The ICT Authority, with the full support of the government, has been providing government-sponsored training to teachers on digital skills. This training aims to equip educators with the necessary skills to integrate digital literacy into their teaching. One teacher from each school has received this training and is expected to attend government-convened meetings. In the future, additional teachers will be trained on how to incorporate ICT into the learning process, ensuring the sustainability of this initiative.

There are 779 Grade 6 candidates at the MPC Primary Schools who will sit their KPSEA assessments by the end of October, and other grades will start their KNEC practicals in preparation for the End-of-term assessments. The Grade 6 parents meeting was to sensitize parents on their requirements for the upcoming national exams. Parents were required to provide their children's documents for registration and materials to complete the exams. For many struggling parents, this is a big financial burden.

In conjunction with Traction communication, MPC will celebrate World Sight Day on 10th Oct 2024. In preparation for the celebration, there will be eye screening for all children in the MPC Primary Schools. The teachers went through training in their schools to conduct a prescreening for all the pupils before the actual event from the optometrists later. This was to identify learners with eye problems for the actual screening by doctors. Rest assured, those identified as having eye problems will receive comprehensive assistance with eyewear, medication or surgeries if needed.



*Pre-screening Eye exercise*



All schools have successfully conducted their term opening masses, marking the beginning of a spiritually enriching term. As we approach the end of the term, we are planning the closing masses, which will be a significant event for our school community. We are grateful for the unwavering support of our Lady Queen of Peace Parish, South B, in the sacramental programs of the MPC primary schools. The catechism classes are progressing well, and we encourage all parents to continue their support, despite expressing some concerns about the slow pace. Pupils have been advised to check their status with their parishes to ensure they are included in the sacramental programs.

St. Bakhita Primary School's extracurricular activities have been a source of pride, particularly for the pupils involved. Their success in the 4K club, where they finished as runners-up in the country, was a significant achievement. This was further underscored when the school was honored with a recognition trophy from the Deputy President at the Nairobi showgrounds. The school's excellence was further recognized with another trophy for being first in the Nairobi region. The 20 pupils involved were individually acknowledged for their dedication and hard work, each receiving a medal from the Deputy President.



*Trophies received at Jamhuri showgrounds*



*St. Bakhita 4Kclub members receiving medals*

Mr Brian Kidula, a renowned chess trainer and the founder and Director of Terrian Chess Academy, has made a significant contribution to the promotion of chess training. He has pledged to train students from all MPC schools and ensure their participation in every chess competition held in the country. To kickstart this initiative, he has established a chess club for MPC schools and is providing free training to the students. He has also committed to covering all material costs and tournament participation fees whenever there is a Chess event.



*St Bakhita Primary School pupils receive Chessboards from Mr Kidula*



As part of a practical for pupils at St Bakhita Primary School, the Environmental Officer led a tree-planting exercise. Several trees were planted at the front of the Head Office campus on Likoni Road to reduce soil erosion and surface runoff during the rainy season. Before long, the area was transformed into a beautiful, green space, enhancing the overall appearance of the campus.

*Tree planting exercise by St. Bakhita students*

The repairs and maintenance program continued with two major projects; one at St Bakhita Primary School when the toilets were repaired and the kitchen at Sancta Maria Primary School Kayaaba. We are grateful to the donor Mr Hamendra Desai who provided the tiles and cement.



*St Bakhita Boys Toilets*



*Sancta Maria Kitchen*



*Donated tiles*

# St Michael's Secondary School



The term commenced with a whole college mass for the 551 students at St Michael's, with Fr Paulineous from the parish highlighting aspects of good virtues and character. As the students settled into the third term, the school offered guidance on maximising their efforts with practical tools to improve their academic goals. The senior students have only a few weeks left in their secondary education journey. It was time for them to evaluate their progress and develop a personalised learning plan. It's time for the parents

to offer their children a little more support as they approach the homeward straight. We want to acknowledge the commitment of our staff to providing intensive revisions covering the last 5 years of KSCE exam papers and extra practical sessions for biology, chemistry and physics, as these subjects often need additional attention. It is good to note that teachers have remarked on a better reading culture that we hope will be transferred into the examinations.

As the academic year comes to a close for the Form 4s the opportunity to hold a Careers Day provides motivation for students. St Michael's extended an invitation to others schools such as Eastlands College of Technology, Our Lady of Mercy Vocational Training Centre, Sumochi College, Nairobi Institute of Medical Technology and Emergency and Career Mentors from and other institutions. The students were exposed to courses offered by the four colleges. The guest speakers encouraged students to embrace hands on skills which are for future self-sustainability.



*Careers Day*

We congratulate the 20 students who were trained to be peer trainers on 'Online child sexual exploitation and abuse' in May and received their certificates and badges so that they could train others. Through this, they have become the ambassadors of Life Skills in society.



*Life skills Promoters Trainees (TOTs)*

The Form 2 students participated in two mentorship programs in September: 'Awareness on Disabilities and 'Youth at University'. The social worker at Songa Mbele organised the sessions to create awareness about positive human responses to disabilities in school and society.



*Disability Awareness - Forms Twos*

Strathmore University held the second day and imparted essential information on transitioning to university, effective study methods, time management, budgeting, relationships and partying. The program, designed with the sole purpose of equipping students with the necessary skills and knowledge, aims to instill confidence and reassurance in their transition to university life.

The students, an integral part of the program, were divided into groups of one gender per stream. The groups eagerly look forward to visiting again to see the Form 4s and learn from their experiences, highlighting their responsibility and integral role in this transition program.



*Noel Muna with Form 1 boys*



*Priyal Mehta with Form 3 girls*



*Dennis and William with Form 2 boys*

MPC Board member Bob Patterson led the teachers through the fire drill, highlighting safety evacuation procedures, assembly, accountability, and safe firefighting skills.



*Firefighting Training*



*KIPPRA and St Michael's students*

In September, visitors to St Michael's, Specialised Fibre Glass Ltd, Karuti Kanyingi, Kippira, and Equity Bank Enterprise Road, branch staff members kindly donated some useful educational resources and hygiene products and committed to sponsoring two students.

The Optometrists Association of Kenya conducted the visual awareness sessions, a crucial initiative aimed at sensitizing teachers to potential eye issues among the students. These sessions not only highlighted the vital signs to watch out for but also identified those needing interventions to improve their learning, thereby empowering the teachers with valuable knowledge.



*O.A.K with some St Michael's staff*



*St Michael's Feast Day*

The school celebrated St Michael's Feast Day on Friday 27th with Fr Binu. The saint is revered in all the monotheistic religions, symbolizing a shared cultural heritage. In Judaism, he is the guardian of Israel; in Christianity, he is a venerated saint and archangel; and in Islam, he is known as Mikail, an archangel who provides nourishment to humans and souls. His name, 'who is like God', and his depiction as a warrior angel leading the charge against the forces of evil, are universally recognized.

As mentioned last month, the rejuvenation of the field /pitch at the head office campus is underway, with the planting of new grass. The terraces around the kitchen also received a facelift with a new coat of paint. After 8 years of students running around the pitch every day, it needed some nourishment. We are grateful to Airtel Ltd., who sponsored the project.



*Renovation of the Terraces by Airtel*

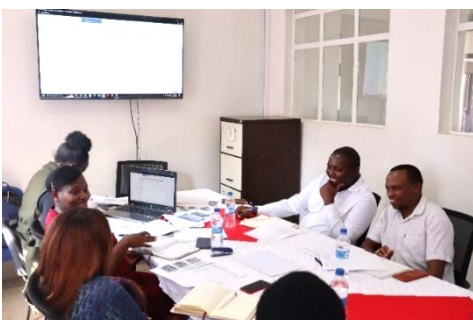
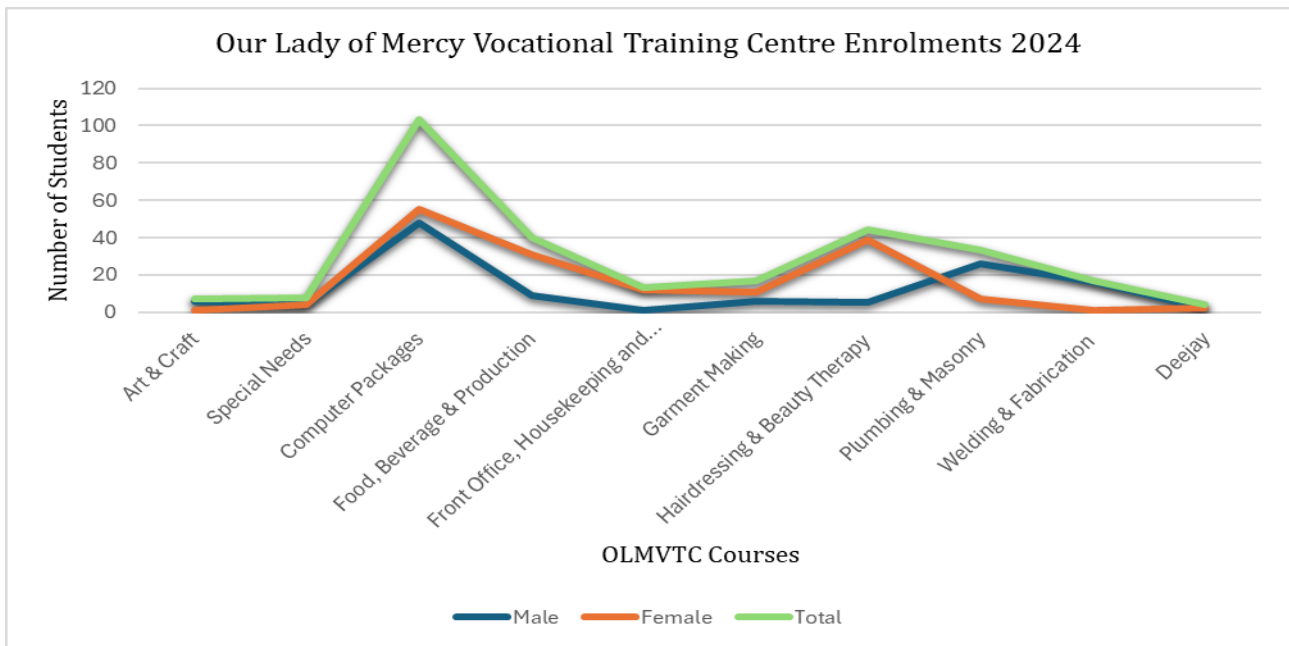


*Watering of the new planted grass*



# Our Lady of Mercy Vocational Training Centre

The KNEC exam registration that began in August continued into September. The Centre successfully registered 25 catering students: 9 pursuing an Artisan in Food and Beverage, and 16 enrolled in the Craft Certificate in Food and Beverage. A further 8 Front Office students have registered for Office Procedures and will sit for their exams starting in early November. The total enrolments for 2024 stand at 286 students, with a gender ratio of 43:57 males to females.



*KWAL evaluation meeting*

KWAL representatives visited OLMVTC to evaluate the INUA program. They noted that the program had greatly improved catering students' lives, education, and future employment prospects.

The Skills MPC staff attended a training session on understanding learners with special needs offered by Songa Mbele na Masomo. This training aims to assist teachers in integrating learners with disabilities into the mainstream education system. Additionally, the staff participated in training sessions provided by the Optometrists Association of Kenya.

Kwetu Nairobi Curio Collection by Hilton Hotel in Kitusuru invited OLMVTC to discuss partnering with MPC for their Corporate Social Responsibility (CSR) outreach activities. OLMVTC explained the courses offered and urgent areas of need, such as training materials and Front office equipment, especially in the areas of Housekeeping, sponsorship for boys, mentorship, attachment, etc. These needs require immediate attention and action and we hope for further fruitful discussions.

Each year, MPC hosts a career day for students. The Skills Department sets up stalls for students from St. Michael's and other colleges to explore the opportunities at OLMVTC.



*Student Stalls for Career Day*



We are very grateful to the crewmembers of British Airways who constantly remember the students at Skills. An assortment of donations were received for the different courses at Skills, such as art materials, books, clothes, hair, and beauty products, which are invaluable for the practicals in class. It's the best way to learn.



*Skills students receive donations from BA Crewmembers*



*BA crewmembers visit the head office*



# Transformations

## Songa Mbele na Masomo Children's Centre

The Songa Centre is a beacon of hope in the community. We welcomed 4 new children, bringing our total to 93, and supported those who had exited to the specialized schools. The demolitions, part of a government initiative to clear slums, had a significant impact on families, especially those with children living with disabilities. We stand in solidarity providing a safe haven for these children.

The Centre's commitment to learning, development, and therapy is steadfast. After a short break, our activities continued, and a few children progressed into other Units due to achieving their milestones. The standout for the month was Meshack Musyoki, a 13-year-old boy with athetoid cerebral palsy. His progress, from sitting straight on a chair to walking almost 100m, is a testament to his resilience.



The Centre made a few referrals to the Clinic for nutritional support to help improve the children's immunity. Poverty is constantly impacting families, and many cannot provide proper nutrition for their children. Cheshire Disability Kenya registered 14 parents whose children attended Songa with the National Insurance Health Fund for several months. The cost of health insurance for a month is approximately 500khs (€4) per month, and there are restrictions on claims. The more you pay, the better the coverage. It is hoped that the children can access some treatments for their conditions.

The cost of living is increasing, and 19 families were supported with gas cookers for home use, 31 families received clothing, and other families with babies received hygiene materials.



The children sponsored by Cheshire Disability Kenya at specialized schools were visited by a social worker who reported that the children are doing well and are able to communicate using sign language. Their handwriting is becoming more and more legible. Three children were exited to Our Lady of Mercy Vocational Training Centre to learn skills that will assist them in becoming independent. Teenagers have been enrolled in hairdressing & beauty and plumbing.

The home visits continued to determine the status of children absent from the Centre and to identify other possible reasons for intervention.



*Robert Muange*



*Natasha Mwikali*



*Mercy Mengachu*



The Kenya Sign Language training continued for three staff members who took examinations during the month. The staff were happy and satisfied after the exam. They will receive the results in three weeks. We are hopeful for the best.

*Examiner Kennedy Wanjula and KSL Trainer Ezron Otieno*

Team Pankaj delivered 15 new wheelchairs to the Centre. This practical addition will significantly enhance the outdoor activities program and help connect the children more easily with the sensory garden.



*Wheelchairs from Team Pankaj*

Donations from well-wishers is always welcomed. In September the Centre received food provisions, hygienic materials, stationery items, clothes and shoes.



*Donations*

# MPC Rehabilitation Centre

As we approach the last quarter of the year, the Centre is actively engaging in monitoring and evaluation activities. Your involvement in this crucial process ensures that the overall programs are on track for the anticipated final home visits and reintegration with families in December.

The end of the academic year is coming to a close and the boys are preparing for the national examinations in October. The presence of a library on site has not only created space for personal study in the evening but also established a positive learning environment for everyone, a testament to our collective efforts and your support.



*Year 2 Class*

The carpentry class prepares to sit for the NITA national exams in December. During the month, they have embarked on producing items for sale so that they will have some cash by the time they go home in December. This year's group is extremely talented and dedicated.



*Carpentry class display the stools, chess tables and signboards*

MPC's Child Protection Officer organised sessions on Gender-Based Violence for staff with two expert personnel from the World Bank as part of their corporate social responsibility program. The group counselling sessions were carefully designed to provide appropriate-age discussions for the boys, ensuring a sensitive and effective learning environment. For the Centre staff, a focus on good practices policy to protect vulnerable children provided a greater understanding of the importance of processes. We are fortunate to have John as a regular counsellor and Saitoti assists John with the group sessions.



*World Bank, GBV experts, John Ogicho and Saetwa Saitoti present Gender-Based Violence sessions.*

Some boys attended an Interfaith and Ecology Preservation Workshop organized by the Catholic University of East Africa during the month. The boys conducted a presentation on the importance of nurturing the environment. Since the Centre has animal and agricultural programs, the boys were able to convey a very personal account of their environmental encounters and the positive impact that caring can have on each other and the environment.



Boys Presentation - Evans Otieno, Benjamin Goodhope, John Max and Stephen Ochieng



The music program initiated by Breanna Stillman is constantly developing thanks to the support and equipment it received from Paula Cullen's group, Irene Plunkett, Vera Smith, Catherine Nolan, Claire Chambers, Adrienne Burke, Teresa Heeran. During the month, the Centre had 3 intermediate pianists, 5 recorder players, and 4 violinists, accompanied by a 10-member choir. The future of developing musical talent is very bright. The boys also receive free theory lessons from Chukwudi, a seminarian.

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Chukwudi Nwosu, Seminarian from SMA conducts theory music lessons



Gedion Wanjala and Meshack Samaka



The art program offers positive therapeutic benefits. I have seen wonders as they can fully express themselves through the activities. The class is working on candle making to prepare for the seasons of Advent and Christmas. Last year, the Centre displayed the artwork at the local shopping centre, The Capital Centre, and we hope to replicate the fundraising efforts in support of the Centre this year. With their unwavering dedication, the boys are busy completing the different works for the event.

Art instructor, Samuel, and the class preparing for the exhibition

The sight of a productive garden is inspiring, but the joy of learning new methods is what truly excites. The satisfaction of food production is enhanced by the thrill of experimenting with modern agriculture methods. The knowledge gained is a bonus, as it's an understanding of the preparations, maintenance, and preventive measures to create maximum yields and harvesting. This month, experienced farmers introduced the 'farmers' to modern agriculture methods, such as urban and bench farming, sparking a new wave of excitement in the garden.



*Stephen guides the boys on how to transplant vegetables from the seedbed to the greenhouse.*



*Urban farming which the Centre intends to replicate improve productivity*



It's no surprise that the rabbits are reproducing at a rapid rate! The Centre now has 45 rabbits, and the numbers keep increasing. It's wonderful that the boys are responsible for caring for the rabbits. A veterinarian recently visited the Centre and gave all the rabbits a thumbs-up after the health check!

*New-born rabbits waiting to be fed*



*Feeding time*

Chicken is a delicacy in Kenyan cuisine, so at least every homestead has a chicken project. The project has continued to grow, and there are now 42 chickens. Two staff members went on a benching marking exercise to compare our poultry farming techniques with those of the Kerarapol Ranch in Ngong town, aiming to identify areas for improvement and best practices to adopt. The lessons they've learnt will be conveyed to the boys over the next few weeks.

Throughout September, the Centre welcomed several well-wishers who visited, donated goods and purchased artwork from the exhibition room. We are grateful for their support and for their mindfulness of the Centre's objectives in caring for the boys.



*Donations from Allu Glass*



*Carla and the BA crewmembers*



*Strathmore University students.*

We were deeply saddened to learn about the passing of Stephen Keeley, one of our dedicated donors. Stephen and his wife, Adrienne, were regular visitors to the Centre, where they volunteered with the Irish group under Paula Cullen and friends. Their generous sponsorship of the carpentry class, which included purchasing resources and safety work gear for the students, was greatly appreciated and made a significant difference. Our deepest condolences go out to Adrienne, his family and friends, and particularly the boys at the Centre, who remember him with great affection. You are all in our thoughts and prayers.



*Stephen and the boys*



*Messages of condolences*





## Sponsorship Office

As the new academic year for university students and a fresh term for high school students began, our office was a hive of activity, diligently processing tuition payments. We were honoured to host a courtesy visit from the Mukuru Alumni, who were once beneficiaries of the Mukuru Promotion Centre Sponsorship Program. In a heartwarming display of community support, these alumni have stepped up to sponsor the education of five students at St. Michael's Secondary School. This is a testament to the integral role our office plays in these initiatives, and we are proud to be part of such a supportive community. It is quite inspiring to see them not only recalling their journeys but also actively investing in the future of the next generation. During their visit, they met with these students, discussing their impressive academic progress and offering guidance for their development. Additionally, they presented a cheque to cover the students' school fees for 2024, ensuring that they can continue their education without the burden of financial restrictions.



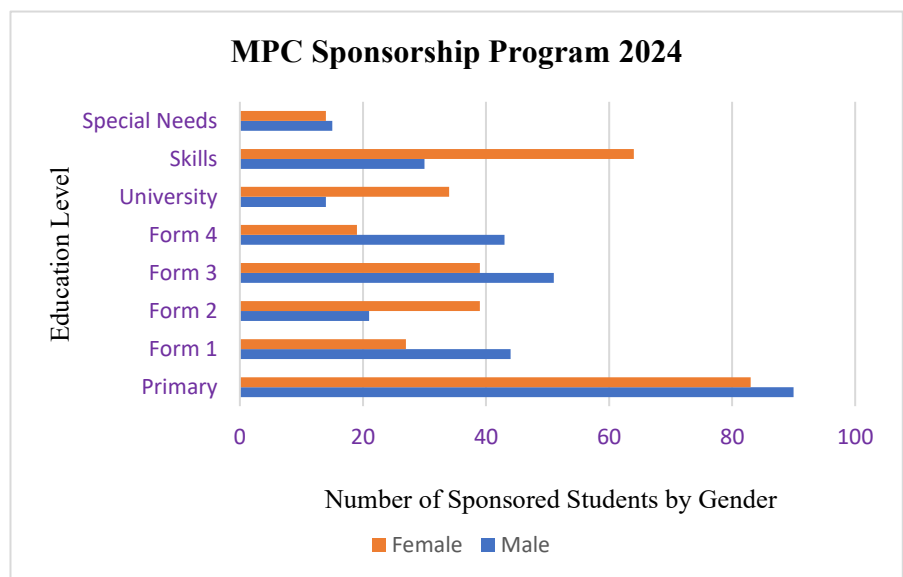
*Mukuru Alumni*



*Mary Mutheu*

Mary Mutheu grew up in St. Marian Children's Home following the death of her mother in 2009 and has been sponsored by anonymous Spanish Friends for a number of years. Mary scored C+ (269) in her KCPE and obtained entrance into AIC Nyayo Girls' High School. Unfortunately, the school experienced a fire that burnt down the dormitories which meant that all the borders loss clothes, uniforms, books, shoes and other personal items. Mary's sponsor provided her with replacement materials and clothes. The school requested that all borders pay 5,600khs to cover the damages as the fire was started by students.

Two more students have been fortunate to receive sponsorship at KCA University to complete a certificate in public accounting (CPA). The other student will study a diploma of social work in community development. This is a wonderful opportunity and we are grateful to the donors.





# Social & Health Services

## Social Services

The social workers continued to carry out daily activities throughout the month numbering 2,472 interventions. As schools entered their third term, normal school activities resumed to ensure students received maximum support during this crucial period. The demand for assistance, which saw a significant increase, with over 300 medical referrals was one of the most pressing issues of the month. School social workers provided support to students in need as they came forward. Over 480 students received help with stationery, school uniforms, and food packages. The social workers at the schools also distributed sanitary towels to 627 needy girls.



*St Bakhita Primary Pupils with provisions*

The Department is grateful for the continuous support from donors and well-wishers, which goes a long way to support the over 500 needy families and students of the Mukuru community who seek help with food packages, clothing, bedding, shoes, school resources, or financial support. St. Catherine's social office continues to focus on 90 sick patients with chronic and terminal illnesses through the Amaranth program and receive supplements every fortnight. The program has been a vital part of the patients' lives, and most have shown remarkable health improvement. There are more mothers in the program than children, and it is essential to keep the mothers healthy so that they can look after their children.



*Fire outbreak in Mukuru*

The Child Protection Office continued to follow up on allegations of child neglect and organize safeguarding and mentorship sessions in the schools. The teenage mothers' mentorship program, now in its second month, is a testament to our ongoing commitment. The guidance they receive on how to navigate motherhood, parenting skills, and promoting education for future prospects is greatly appreciated.



*Agatha, counsellor, with the teenage mothers during their monthly mentorship session*

Counsellors also provided psychosocial support to students and community clients who sought counselling services. The psychosocial support students receive has been core in helping them manage a range of behavioural and family issues such as anxiety, depression, family conflicts, and academic stress, all of which can affect their studies.

The Clinic social worker follows up with children receiving specialist medical treatment, monitoring their health progress. This constant care extends to those with terminal illnesses and chronic conditions, ensuring they adhere to their medication and hospital appointments. The majority of these patients are progressing well. For those unable to afford treatment, their fees are waived, which is made possible by our generous donors. We deeply appreciate your contributions, which play a significant role in ensuring the marginalized have access to affordable healthcare services.

In September, the Clinic's registrations were 1,675 patients, which was a little higher than the previous month. Among the changes observed from August was an increase in the number of those under the 5 category suffering from respiratory diseases such as pneumonia from unstable weather conditions from 152 to 162. The staff has continued to give their best service to patients and their families by providing health education and patient care. As part of our routine reporting to the Ministry of Health, we had vaccine reports done and TB reports filled; 88 children were captured in the immunization schedule.



*Volunteer Nurse at Child Wellness Clinic*

Among the total outpatients registered, 801 (50.3% girls, 49.7% boys) were pediatrics who came for medical consultations. This increase in pediatric consultations reflects our clinic's responsiveness to the community's healthcare needs. The laboratory tests carried out were 1,080, with 373 being children. In maternal services, the number of females assisted in the Antenatal Clinic was 44, the postnatal Clinic was 8, and the immunized mothers were 16. Those tested for HIV were 28.

The MOH supports supervision on the prevention of mother-to-child transmission (PMTCT), and among the issues discussed was how to improve documentation and supplementation of malnourished children. They noted a challenge in integrating services and advised reducing the mix of services in one room. This remains a challenge due to the need for more space, such as a standalone triage room. The pharmacy fill rate has improved, thus enhancing patient care and operational efficiency; no adverse drug reactions have been reported.

The Clinic also received British Airways crewmembers who donated medicines. We truly appreciate the donation and the impact made by such noble gestures, which go a long way in alleviating the cost of medicine that burdens the poor.



Improvements were made in the Observation room thanks to a donation from the Spanish friends. We thank all our supporters for making it easier for the Clinic staff to provide quality healthcare services to the community.



*Clinic Observation Room*





# Announcements

## Activities outside the Departments

- ✚ If anyone is travelling to Nairobi soon, could you please get in contact with Paula Cullen on [cullen.paula8@gmail.com](mailto:cullen.paula8@gmail.com) to assist with transporting musical instruments to MPC.

- ✚ The Head Office engaged in various activities and welcomed several visitors. A delegation from Traction visited to discuss logistics for World Sight Day celebrations and the training sessions planned for schools. Vice President, Julie Otieno, of Optometrists of Kenya led the delegation.



*Julie Otieno and her team meet with MPC management*

- ✚ Traction Limited held eye-sight training for all MPC schools in September. They provided teachers with skills to identify eye problems in their students. Students identified with eye issues would undergo free eye check-ups and treatment.



*Optometrists of Kenya team conduct trainings in all MPC schools*



*Teachers attend eye training session*

